

STARTERS

Fresh Bread & Aioli

3.0

Olives

2.5

Cajun Mussels

Fresh mussels served with an original creamy cajun sauce and crusty bread

8.0

Chinese Style Crispy Pork Belly

Five spice crispy pork belly with a sticky sweet & spicy coating

7.5

Baked Provolone

Baked with herbs in a tomato sauce

6.5

Grilled Prawns Thai Red Curry

King prawns in a spicy red thai sauce- HOT!

9.0

Marinated Chicken Thighs

Vietnamese inspired-boneless chicken thighs served with a fresh lime & chilli dipping sauce

7.5

Tempura Prawns

Served with a sweet chilli dip

5.5

Sweet Potato Rounds

Served with feta cream, figs, pomegranate, rocket & a balsamic glaze

7.5

Smooth Peppercorn Pate

Served with a fresh, vibrant side salad & crusty bread

7.5

JOIN US ON:  MED 54  med54bar_eltoro  tripadvisor

FOOD ALLERGEN INFORMATION AVAILABLE ON REQUEST/ VAT INCLUDED.



--- ON THE GRILL ---
BURGERS



Med 54 Beef

A unique combination of sweet & salty bacon-onion-tomato jam,
topped with smoked applewood cheese

14.5

Sticky Hoisin Duck

Shredded duck breast, served in a sticky hoisin sauce, on a bed of
crunchy veg topped with a runny fried egg

15.5

Minted Lamb

Served with a mint yoghurt dressing, topped with crumbled feta

15.5

Cajun Chicken

A succulent chicken breast marinated in cajun spices, topped with
cheddar cheese and a tangy siracha mayo. Served with corn on the

cobb

14.5

All burgers served on a brioche bun with homemade chips &
coleslaw

STEAKS

Ribeye 275g

25.5

Fillet Steak 275g

26.5

Both served, based with garlic, fresh thyme and rosemary,
homemade chips, cherry tomatoes, grilled mushrooms & med veg

add prawns for 4.0

Change your chips for sweet potato fries extra 1.5

EXTRAS/ SIDES

Pepper sauce 2.5

Blue cheese sauce 2.5

Chimichurri 2.5

Portion of onion rings 3.0

Corn on the cobb 1.5

Sweet potato fries 5.0

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MAINS

Med 54 Ribs

Pork ribs served with a homemade sticky whisky and sweet peach BBQ sauce, chips & coleslaw

18.0

Our Famous Fish & Chips

Beer battered cod, served with homemade chips, mushy peas, tartar sauce & lemon

14.5

Lamb Shank

Braised in a red wine gravy, served with whole grain mustard mash & roasted garlic butter carrots

17.5

Roasted Sweet Potato & Cauliflower Tacos

3 vegetarian filled tacos with roasted cauliflower, sweet potato, Avocado, black beans, chipotle lime & cashew crema

14.0 (vegan friendly)

Lemon, Honey & Chipotle Chicken Skewers

Served with pitta bread, salad, coleslaw & a chipotle dip

14.5

Marinated Halloumi & Vegetable Skewers

Served Greek style with pitta bread, olives, salad, coleslaw & A side of hummus (Vegetarian)

13.5

SALADS

Goats Cheese

Served on a bed of seasonal salad, figs & a fruit glaze

12.5

Layered Med

Sliced mozzarella & tomato layered on a bed of rocket, drizzled with a basil oil & balsamic glaze

7.5

Cajun Chicken Caesar

Served with mixed leaf salad, with croutons and topped with a Caesar dressing & shaved parmesan

12.5

FOR KIDS

Fish fingers, chips & beans
Chicken nuggets, chips & beans
Sausage, mash & beans
6.5

JESSIE'S HOMEMADE DESSERTS

A choice of homemade desserts, prepared fresh,
Locally by our very own Jessie!
Ask staff for choices.
Follow Jessie on
Instagram: @jessies_home_made_cakes
Facebook: Jessie's homemade cakes
6.2

MED DESSERT MARTINIS

BISCOFF EXPRESSO

Vodka, kahlua, biscoff, shot of espresso

WHITE CHOCOLATE

Vanilla Vodka, white chocolate liqueur & cream

STRAWBERRY CHEESECAKE

Vodka, strawberry liqueur, white chocolate liqueur & cream

AFTER EIGHT

White rum, mint liqueur, vanilla sugar, chocolate liqueur & cream

CHOCOLATE ORANGE

Cointreau, baileys, chocolate milk & cream

SNICKERTINI

Baileys, disaronno, milk, Frangelico & crushed nuts
8.0

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